

# WEEKLY INTOUCH

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JEN & JOHN:  
BACK  
TOGETHER!

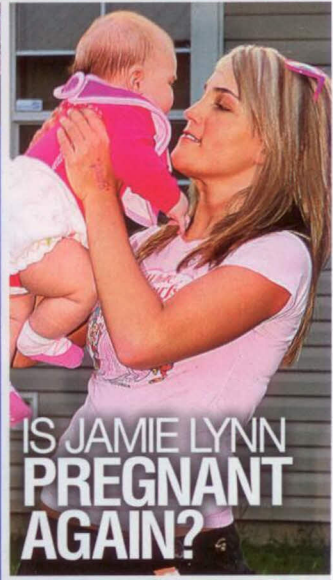
HOLLYWOOD'S THINNEST STARS INSIST

# I'M NOT ANOREXIC

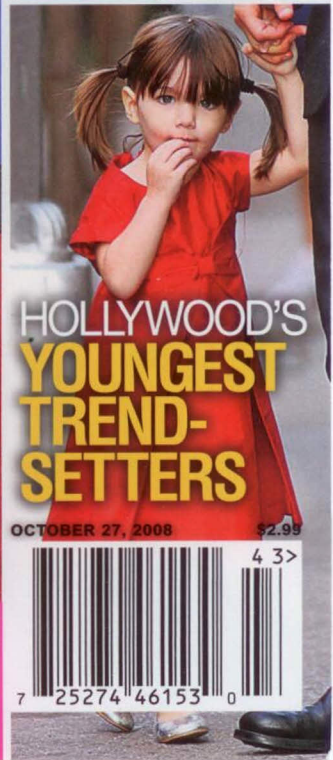
**ANGELINA**  
REFUSES  
TO EAT

**KEIRA**  
SCARY SKINNY  
BUT SHE SAYS  
SHE'S HEALTHY

**LINDSAY**  
THE DRINK THAT  
BURNS FAT  
THROUGH  
"SHIVERING"



IS JAMIE LYNN  
PREGNANT  
AGAIN?



HOLLYWOOD'S  
YOUNGEST  
TREND-  
SETTERS

OCTOBER 27, 2008 \$2.99



HEF'S EX ON THE SPLIT — "I MAY HAVE  
FAKE BOOBS, BUT NOT A FAKE HEART"



# Angelina's NOT EATING ENOUGH

Angelina Jolie is starving herself to get her old body back

**D**esperate to finish losing the 56 pounds she gained during her pregnancy, Angelina Jolie has drastically cut down to just 1,000 calories a day until she fits back into her size 2 clothes. "She's been eating three to four tiny meals and working out for an hour or more every day," says an insider.

That could lead to trouble. Family physician Dr. Walt Larimore says Angie's daily calorie intake isn't enough to support her or 3-month-old twins Knox and Vivienne, whom she's breast-feeding. "If someone is taking in fewer than 1,000 calories, their nutrition level is dangerously low," says Dr. Larimore, who hasn't treated Angelina. "She'll have vitamin and mineral deficiencies."

But according to an insider, the already svelte actress, who dispelled eating disorder rumors after the death of her mother in 2007, still wants to lose the last 28 pounds of her pregnancy weight. At the *Changeling* premiere on October 4 in NYC, a source says that Angelina, 33, wore a custom-made corset to give her body a sleeker shape. And even though her partner, Brad Pitt, has been telling her she's gorgeous, the source claims that "as usual, Angelina won't listen."

"Angelina's been complaining that her boobs and tummy are saggy," says a source.



# It takes a lot to keep up with six kids!

With a half-dozen children under the age of 8, Brad and Angelina's home is often in a state of chaos. The family traveled to at least 10 cities over the past year, so it's not surprising that Angie might feel overwhelmed. "If she doesn't slow down and eat more, she could put her health in danger," warns registered dietitian Joseph J. Mutz, who doesn't treat the star.



**DIVIDING HER ATTENTION**  
When the whole family visited New Orleans on October 6, Angelina was split among caring for 2-year-old Shiloh and siblings Pax, 4, and Zahara, 3.



## ▲ HARDER TO HANDLE

As the family keeps expanding, first child Maddox, 7, has become increasingly moody. "He wants to act like a baby because the babies get attention," reveals an insider.

## ▲ NEVER A DULL MOMENT

A little more than two years apart in age, Pax and Maddox often fight, leaving Angelina to play peacemaker, as she did here during their recent visit to the Make It Right housing project in New Orleans that Brad has championed.

She often consumes only **1,000** calories a day

### BREAKFAST

EGG WHITES  
30 CALORIES

"A mom nursing twins should eat at least

2,500 calories a day," NutriFit's Jackie Keller tells *In Touch*.



### LUNCH

SALMON & BROCCOLI  
375 CALORIES

Along with fish and veggies,

"Angie needs whole grains to produce breast milk," says Keller.



### DINNER

CHICKEN & SWEET CORN  
250 CALORIES

Dinner always comes early

— a source says Angelina doesn't eat at all after 5 p.m.



### SNACKS

PINEAPPLE SLICES  
80 CALORIES  
STRAWBERRIES  
50 CALORIES  
CAN OF TUNA  
215 CALORIES

Adding nutrient-rich snacks like nuts and avocado would give her extra energy.

